



SPICY CORONARY SYNDROME. STATIONARY STAGE TREATMENTS AND MEDICAL REHABILITATION

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Resume: *The aim of the study was to analyze the relationship between acute myocardial infarction and unstable pulmonary wall disease . dii , stages medical rehabilitation V structure acute coronary syndrome at employees And pensioners at treatment And medical rehabilitation.*

Key words: *acute coronary syndrome, acute myocardial infarction, unstable angina, coronary angiography , medical rehabilitation, faces dangerous professions.*

Results

Medical rehabilitation in patients undergoing Shih OkS , was carried out on to all period treatments V GkG by principle dosed stepped loads With early activation depending on the severity of complications And functional class coronary insufficiency . Stationary stage medical rehabilitation was divided on 4 steps With verification loads ka w dyy day With gradual increasing. At conducting physical rehabilitation is being evaluated reaction pain- leg on physical load. WITH purpose prevention of possible occurrence of pain syndrome when expanding the regime, self - sensation is monitored (heart rate, Hell, (Chd). At emergence pain V about- lasti hearts load admits inadequate And under- lies decrease or cancellation. V dependencies from severity of the condition patient cardiac rehabilitation assistance is provided V 3 stages : I stage - stationary, start a- etsya With block resuscitation And intense therapy And pro- continues after translation sick V ordinary ward of the cardiology department of a hospital or vascular center , stage II – inpatient rehabilitation, is carried out V stationary cardiac rehabilitation department center cardiology rehabilitation or multidisciplinary center medical rehabilitation , stage III – outpatient department of cardiac rehabilitation [7-10].

The main by method medical rehabilitation I'm in - lyalas complex program, consisting from Physical therapy : le - chebnaya gymnastics For patients With IHD, breathing exercises, physiotherapy: sinusoidal modulated currents By standard methodology (frequency impulse - owls: 80-100 Hz.) V alternation With balneotherapy.

Results treatment: on background therapy pain V areas of the heart Not relapsed. Hemodynamics stable hell 120/80 mm rt .s t , tolerance To physical load - ke adequate, mode expanded to III.

is being discharged V satisfactory condition under observation cardiologist polyclinics. Employee Mvd (operative officer criminal search) 43 years old, p e - retiring spicy Not Q-forming heart attack myocardium of the inferior wall of the LV, after stenting LkA Permanent residence permit , PkA , recanalization And stenting Ov , and conducting I stages MR was discharged With improvement for further treatment and rehabilitation in a polyclinic without undergoing stage II of the medical examination.

By data conducted research V structure of OKS at employees Mvd predominantly diagnosed at - etsya



OIM, at pensioners Mvd prevails NS. At le - chenii And rehabilitation OIM at employees Mvd transfer to a rehabilitation center is required from 26% to 38%, with NS from 1% to 4%. When assessing the total number of patients II stage MR necessary at 25% patients, transferred OkS . Availability V structure GkG rehabilitation leg center allows optimally conduct staged medical rehabilitation for acute coronary syndrome [11-12].

Conclusion

In the development of acute cerebrovascular accidents - from the employees of the Ministry of Internal Affairs predominate - et OIM, NS more often is diagnosed at pensioners MIA . In the treatment and rehabilitation of acute myocardial infarction among MIA employees , less than half of the cases, namely up to 38%, require transfer to a rehabilitation center within the framework of one hospitalization, which is an optimizing link stage medical rehabilitation employees Mvd , transferred OkS . At this, complex pr o- grams, consisting from Physical therapy : medical gymnastics For patients With IHD, respiratory gymnastics, physiotherapy: sinusoidal modulated currents By standard technique (pulse frequency: 80-100 Hz) alternating with balneotherapy, is effective on rehabilitation stage.

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