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## **Opportunities for the development of extreme tourism in Uzbekistan**

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**Abstract:** Information on safari tourism and how safari tourism teaches people to be close to nature and to protect nature. Also, the article considers the possibility of implementing safari tourism in Uzbekistan.

**Key words:** Tourism, safari tourism, nature, hunting, wild animals, sports tourism, wellness, education, modern life, photography.

### **Introduction.**

In our country today, a lot of practical work is being done to further develop the tourism industry, improve the quality and efficiency of service, and increase the flow of foreign tourists coming to our country. The decree of the head of our state dated December 2, 2016 "On measures to ensure the rapid development of the tourism sector of the Republic of Uzbekistan" serves as an important program in this regard. We have natural conditions and opportunities to develop branches of this industry, i.e. extreme sports tourism, snowboarding, hang gliding and hang gliding, cycling, motor sports, ecological tourism in our regions.

Currently, Tashkent region is crowded with foreign and domestic tourists. Experts say that due to the rich fauna and flora of the region, this place attracts many tourists mainly in spring and autumn. This is especially true in domestic tourism. In the kitchens of hotels and guesthouses located on the slopes of Chimyon mountain, tourists are offered not only national, but also dishes of various nations. This is due to the well-developed gastronomic tourism in the region. 120 enterprises serving local and foreign tourists in the region are able to serve 2440 tourists per day. In addition, there are 45 hotels, 71 sanatoriums and recreation centers in the area. This year, the volume of services to tourists who came to the region amounted to about 72.6 billion soums or increased by 106% compared to last year. Tourism services account for 44.6 million dollars of exports.

The region is characterized by high ecotourism potential, rugged mountain ranges, unique fauna and flora, and a favorable climate. "Ugom-Chotkal" National Park, which occupies an area of only 574.6 thousand hectares, has 230 species of animals, 1 thousand 800 plant species, and 4 natural lakes (Urunach, Bodak, Shovuri, Ikhnoj). Also, the Chotkal Biosphere Reserve and many forestry farms operate. The "guest houses" created for tourists in the households of residents living in the mountainous villages of the Tashkent region have created a lot of comfort.

### **Methodology.**

The methodological basis of the research was used for the development of extreme tourism in Uzbekistan. Also, the methods of induction and deduction were widely used in the analysis of views and opinions related to the research work. Data grouping, comparative analysis, sample observation methods were used. Scientific abstraction and other methods were used to enrich the content of the work and give it concluding thoughts.

### **Results.**

Work has been started on the creation of "guest houses" based on modern standards in 162 households of the Bostanliq, Parkent and Ohangaron-Angren tourist clusters. In order to extend the stay of tourists in the country, it is planned to hold national customs, wedding ceremonies, entertainment events, and organize trips to the peaceful corners of nature and beautiful mountain slopes. The decree of the President of December 5, 2017 "On the establishment of the Charvoq free tourist zone" increases the effectiveness of using the tourist potential of the Tashkent region, develops new tourist destinations, and implements modern investment projects. provides for the creation of jobs, the growth of the population's income.

The "Chorvoq" free tourist zone, which is being established, is the first in Uzbekistan and has a unique innovative character. The term of its operation is set at 30 years with the possibility of further extension, which allows to expand the activities of business entities registered as participants of the zone, to create benefits and preferences in terms of customs and taxes. Taking into account the ecological possibilities of the region, train, electric train and bus traffic will be launched in the region in order to ensure the affordability of vehicles.

In the coming years, the number of people who want to ski in the white snow and breathe in the fresh air of the mountain is also expanding. Special clothing, goggles, shoes and gloves are available for rent for those who want to go skiing. Alpine skiing, aptly named extreme, is a popular sport in countries with a lot of snow. Because since ancient times, the people living in the land of constant winter invented a special means of transportation for hunting and finding food. As a result of archaeological excavations, a ski made of stone dating back to 2620-2160 BC was found. The petroglyphs (that is, old engravings) in the caves prove that it is more than 4000 years old.

It is interesting that the need for sliding boards did not disappear when the time, era, and living conditions of people changed. On the contrary, a new type of sport was founded at the end of the 16th and the beginning of the 17th century. Nowadays, skis are made of solid plastic raw materials. In

Chimyan, 2 areas are allocated for this direction. One is for amateurs, and the other is for professional athletes. In this area, there is a special equipment known as a "shvabira", the function of which is to lift the athlete to the top of the mountain and allow the athlete to slide back down easily. The rental price is 20,000 soums for 1 hour. There is also a ropeway, a device designed to transport passengers or cargo at high altitudes. The longest ropeway in the world is the ropeway in Vietnam, which is included in the Guinness Book of Records for two directions passing through forests and mountains. The total length of this amazing ropeway is 6,282 m, the vertical ascent is 1,410 m, each cabin is designed for 30-35 people, and 2,000 tourists are served in 1 hour.

The length of the mozhazgin equipment in Chimyon is 802 m, the width is 3 m 60 cm. The lower station of the suspension rope is 1665 m above sea level, and the upper station is 1975 m above sea level. The number of double seats is 55, each designed to support a weight of up to 160 kg. The speed of movement is 1.6 m per second, the time to reach one direction is 9 minutes, and the climbing distance is 310 m. The rent is 27,000 soums. Of course, safety measures have been developed, if you go on the ropeway with young children, you should be under supervision, children under the age of 6 are prohibited, and pregnant women are not allowed to go. Also, this ropeway is not recommended for those who are afraid of hills and are not mentally prepared. Here you can enjoy a wonderful and unique mountain view and drink hot coffee along with hanging out on the ropeway.

10 lifeguards work day and night to ensure the safety of tourists in the Chimyon recreation area. Often, elderly mothers and women can get injured as a result of indifference to their young children, as a result of not following the forbidden places where signs are posted. 1050 phone numbers are always available in case of an emergency or injury. The best piece of equipment is the quad bike. The rental fee for one walk around the designated area is 10,000 soums. In this case, the tourist will have the opportunity to control the device directly. The term "Quadrocycle" is derived from the ancient Italian and Greek languages and means "a device moving on four wheels." The origin of the invention goes back to the bicycle.

In the 70s of the last century, the need for a car decreased, as a result, a new technique that replaced the car and motorcycle was decided to create a quadricycle. Usually, the average speed of quad bikes is 90 km per hour, and the speed of quad bikes here is 40-50 km. The reason is that there are too many sharp turns. So, you spend a total of 127,000 soums to travel through Chimyan.

In extreme tourism, an opportunity is created for a person to be active and travel, or to experience extreme opportunities in nature and existence. Nowadays, the demand for this sector is increasing and we have sufficient infrastructures for it. The scientific council formed on the development of extreme tourism in the mountain and sub-mountain areas of Uzbekistan is working on the possibilities of developing extreme types such as hiking tourism, mountain tourism, speleo tourism (cave tourism). In this scientific council, test excursions are organized with tourists to clubs, organized expeditions, and to the mountains of Zamin and Chimyan. The main purpose of this is to eliminate various problematic situations or deficiencies in advance. It is also to leave good feelings in the minds of the tourists who

participate in it. Before trips, council members warn tourists with necessary information and directly help them to get information about desired tourist routes, mountains, streams.

### **Discussion.**

Extreme types of active recreation are becoming more and more popular among visiting and local regular tourists of Uzbekistan.

Nowadays, there are many possibilities for skydiving. Both this tour and skisurfing are not only fun, but also give a person great relaxation and good mood. Many people abroad participate in various competitions to skydive from skyscrapers, bridges, cliffs and peaks. Also, if someone doesn't like scuba diving or is bored of skydiving from great heights, there is also a popular recreation of extreme windsurfing. This species is considered very dangerous, and as a result of neglect, it can drown in the waves of the sea due to its erratic movement, or it can go to the rocks of the mountains. In many cases, it can even lead to a terrible death. Because in this type of safety measures are only related to the person himself.

### **Conclusion.**

In addition to these types, there is also an extreme type of hiking abroad. This is also a type of extreme tourism with serious difficulties and risks. An extreme type of hiking is usually a trip to the edge of the planet, places where human steps are little or not reached at all. As a result, a person gets to know the wonderful nature with its beauty, adapts to the wild nature, but at the same time has the opportunity to separate from the cultural world. If an emergency occurs in a tour group, it may take hours or days for help to arrive, even if the tour group has modern satellite communications. Therefore, any emergency situation can have serious consequences. Tourist campaign workers and tourists should definitely pay attention to such precarious situations.

Abroad, an example of exotic tourism is a trip to the Arctic on an ice ship with sauna, swimming pool, conference hall and other amenities. The ice ship is equipped with boats and helicopters for excursions. There are also many who want to get acquainted with the underwater world on a special submarine. The former prison is very popular among tourists who love the exotic in Germany. Tourists can feel under arrest here.

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