# Pharmaceutico - Analytical Study of Pittala Bhasma with Two Different Maarana Procedures - A Comparative Study

Dr. Poojitha C D<sup>1</sup>, Dr. Ravi R Chavan<sup>2</sup>, Dr. Usha M<sup>3</sup>

<sup>1</sup>Final Year PG Scholar, Department of PG Studies in Rasashashtra and Bhaishajya Kalpana,
<sup>2</sup>Professor and HOD, Department of PG Studies in Rasashashtra and Bhaishajya Kalpana,
<sup>3</sup>Assistant Professor, Department of PG Studies in Rasashashtra and Bhaishajya Kalpana,
<sup>1, 2, 3</sup>Taranath Government Ayurvedic Medical College, Ballari, Karnataka, India

#### ABSTRACT

In the developmental milestones of Rasashastra, use of metals in combined form plays a very significant role. Today modern pharmacologists and scientists are struggling very hard to find out new safe and efficacious drugs with the help of combinatorial chemistry and co-ordination chemistry. But ancient Rasa scholars have already developed and utilized such drugs clinically with wonderful results. One such novel combinatorial molecule is" Pittala"

Rasashastra has too many mineral and metallic drugs, among them Pittala is one such Mishra loha which is the combination of Tamra and Yashada in the ratio of 2:1, as it inherits property of both metals that makes it more efficacious in therapeutic action . Pittala Having tikta rasa, ruksha guna and lekhana property and it is considered as best Krimighna. Also indicated in Pandu, Kamala, Kushta Roga, and Vataroga.

Bhasmeekarana is that process by which inorganic substances like metals and minerals are converted into a safe non-toxic, biocompatible and non-elemental component. As Nano the particle size, better will be the absorption rate.

Maarana of Pittala with two different procedures is an attempt to focus on rationality behind exploring different procedures for maarana of Pittala.

**KEYWORDS:** Pittala bhasma, Gajaputa, Shodhana, Maarana, Hingula, Haratala, Gandhaka, Manashila, Method 1(HHPB), Method 2(GMPB)

#### **INTRODUCTION**

Modern man is trying to decode all the natural secrets in the biosphere with the help of super technological advent. Still unexplored countless complex areas exist in the universe. One such area is Rasashastra.

Pittala (Brass) is a combined form of Copper and Zinc in 2:1 ratio is the basic material to be converted into Bhasma, where Hingula (compound of Parada), Haratala, Gandhaka and manashila are employed as key converters in the conversion process under specially designed temperature panel (Gajaputa).

Thus obtained Pittala bhasma will have optimum bioavailability, increased specific activity at the target area, highly reduced particle size (Nano particle), and *How to cite this paper:* Dr. Poojitha C D | Dr. Ravi R Chavan | Dr. Usha M "Pharmaceutico - Analytical Study of Pittala Bhasma with Two Different Maarana Procedures - A Comparative

Study" Published in International Journal of Trend in Scientific Research and Development (ijtsrd), ISSN: 2456-6470, Volume-7 | Issue-5,



October 2023, pp.569-582, URL: www.ijtsrd.com/papers/ijtsrd59983.pdf

Copyright © 2023 by author (s) and International Journal of Trend in Scientific Research and Development

Journal. This is an Open Access article distributed under the



terms of the Creative Commons Attribution License (CC BY 4.0) (http://creativecommons.org/licenses/by/4.0)

innate action on various hormonal, enzymatic, immunological pathways as it comprises mainstream trace elemental moieties.

Keeping these things in mind the present study entitled "A Comparative Pharmaceutico Analytical study of Pittala bhasma with two different maarana procedures" is taken for its basic standardization evaluation protocols.

#### **METHODOLOGY:**

The drug manufacturing is concentrated in every step for its,

1. Natural quality 2. Bioavailability 3. Making it a novel Nano molecule.

**Aim**: The main aim of the present study is to prepare good quality of two different methods of Pittala bhasmas

#### The objective includes:

- 1. Selection of genuine raw drugs
- 2. Shodhana of Raw Materials
- 3. Pittala maarana Method 1(HHPB) Hingula and Haratala maarita Pittala bhasma Reference: Rasa tarangini<sup>1</sup>.
- 4. Pittala maarana Method 2(GMPB) Gandhaka and manashila maarita Pittala bhasma Reference: Rasa ratna Samucchaya<sup>2</sup>.

#### **Materials and Methods:**

**Main equipments:** Khalwa Yantra, Dola yantra, Puta yantra, Weighing machine, big gas stove with Burner, Sharava samputa, and Pyrometer.

#### Method of preparation:

- Raw materials were collected after authoritative identification through grahya agrahya lakshanas.
- Samanya shodhana of Pittala was carried out in Nirvapa method in Medias like Taila, Takra, Gomutra, Aranala and Kulattha Kwatha for 7 times each<sup>3</sup>.
- Vishesha Shodhana was carried out with nirgundi swarasa mixed with haridra churna for 7 times<sup>4</sup>.
- Hingula shodhana for 7 days- bhavana with nimbu swarasa<sup>5</sup>.
- Haratala shodhana for 1 yaama Dola yantra swedana with churnodaka<sup>6</sup>.
- Kumari swarasa for bhavana of method 1 Pittala bhasma.
- 250gm of Shodhita Pittala Patras, Shodhita hingula and Shodhita Haratala were taken where

#### RESULTS

Pharmaceutico-Analytical study results are described under 2 headings.

1. Pharmaceutical results 2. Analytical results

#### 1. Pharmaceutical Results:

#### Table no.01: Showing results of Hingula shodhana

| Table no.01. Showing results of Hingula shouhana |                                  |                   |       |       |
|--|----------------------------------|-------------------|-------|-------|
| No of bhavana                                    | Quantity of <i>Hingula</i> taken | Quantity obtained | Gain  | Yield |
| 1  | 750gms                           | 760gms            | 10gms |       |
| 2  | 760gms                           | 768gms            | 8gms  |       |
| 3  | 768gms                           | 773gms            | 5gms  |       |
| 4  | 773gms                           | 778gms            | 5gms  | 106%  |
| 5  | 778gms                           | 785gms            | 7gms  |       |
| 6  | 785gms                           | 790gms            | 5gms  |       |
| 7  | 790gms                           | 796gms            | 6gms  |       |
| Total  |                                  |                   | 46gms |       |

#### **Results of Haratala shodhana:**

Weight of Haratala before shodhana of both the batches in Choornodaka:1155gms Weight of Haratala after shodhana of both the batches in Choornodaka: 1110Gms Loss: 45gms Yield -96%

kumari swarasa was given bhavana to hingula and Haratala and the paste was applied to shoditha Pittala Patras kept for drying put in sharava samputa sandhibandhana was done and given Gajaputa 2 times as same. later Shodhita Pittala patras were fine and mixed along with maaraka dravyas( hingula and Haratala) with kumari swarasa bhavana chakrikas were made sharava samputikarana and Gajaputa was given.and for 3 more times the procedure was repeated.

- $\succ$  Gandhaka shodhana by kurma puta method<sup>7</sup>.
- Manashila shodhana in choornodaka sthapana method<sup>8</sup>.
- Nimbu swarasa for bhavana of method 2 Pittala bhasma.
- 250gm of Shoditha Gandhaka and shoditha manashila were taken nimbu swarasa was given bhavana to Gandhaka and manashila and the paste was applied to shoditha Pittala patras kept for drying put in sharava samputa sandhibandhana was done and given Gajaputa 2 times as same later Shodhita Pittala patras were fine and mixed along with maaraka dravyas (Gandhaka and manashila) with nimbu swarasa bhavana chakrikas were made sharava samputikarana and Gajaputa was given. And for 9 more times the procedure was repeated, where number of cow dungs was reduced from 4<sup>th</sup> puta onwards as the chakrikas were tightly adhered to sharava.

Total 5 Gaja putas was given for method 1 where it was 3 gajaputa according to classics of method 1 and 11 Gaja putas was given for method 2 where it was 8 gajaputas according to classics method 2.

|       | Table no.02: Snowing results of <i>Putata samanya shoanana</i> |                        |                      |                    |                     |         |
|-------|--|------------------------|----------------------|--------------------|---------------------|---------|
| SL No | Name of liquid   | Total Qty<br>of liquid | Initial wt<br>in gms | Final wt<br>in gms | Gain/Loss<br>in gms | Yield % |
| 1     | Tila taila   | 7lt                    | 900                  | 900                | -                   |         |
| 2     | Takra  | 7lt                    | 900                  | 894                | 6gm loss            | 97%     |
| 3     | Gomutra  | 7lt                    | 894                  | 884                | 10gm loss           |         |
| 4     | Kanji  | 7lt                    | 884                  | 878                | 6gm loss            |         |
| 5     | Kulattha Kwatha  | 7lt                    | 878                  | 873                | 5gm loss            |         |

#### Table no.02: Showing results of Pittala samanya shodhana

#### Table no. 03: Showing results from Pittala Vishesha Shodhana

| Wt of <i>Pittala</i> before <i>Shodhana</i> | Wt of Pittala after<br>Vishesha Shodhana | Loss | Yield in % |
|---|--|------|------------|
| 878gm                                       | 865gm                                    | 8gm  | 98.5%      |

#### Table no. 04: Showing results of Pittala maarana method 1

| puta | before | after  | loss   | yield |
|------|--------|--------|--------|-------|
| 01   | 750gms | 580gms | 170gms | 77.3% |
| 02   | 750gms | 390gms | 360gms | 52%   |
| 03   | 750gms | 270gms | 480gms | 36%   |
| 04   | 270gms | 200gms | 70gms  | 74%   |
| 05   | 200gms | 180gms | 20gms  | 90%   |

Result: Quantity of Shodhita Pittala taken 250gm Scienti

Quantity of pittala bhasma obtained: 180gm

Yield-72%

#### Table no. 05: Showing results of Gandhaka shodhana

| Batch | Wt of Gandhaka taken | Wt of Sh. Gandhaka obtained | loss   | Yield |
|-------|----------------------|-----------------------------|--------|-------|
| 1     | 1000 gms             | 973 gms                     | 27 gms |       |
| 2     | 973 gms              | 896 gms                     | 77 gms | 80.8% |
| 3     | 896 gms              | 808 gms 2 2                 | 88 gms |       |

#### Results of Manashila shodhana:

Weight of Manashila before shodhana of both the batches in Choornodaka:1000 gms

Weight of Manashila after shodhana of both the batches in Choornodaka: 976gms

Loss: 24gm

#### Yield-97.6%

#### Table no.06: Showing results of Pittala maarana method 2

| ٢. | 10.00. | biowing | i courto or i | i iiiuiu iiiu | ar ana me |
|----|--------|---------|---------------|---------------|-----------|
|    | puta   | before  | after         | Loss          | yield     |
|    | 01     | 750gms  | 710 gms       | 40gms         | 94.6%     |
|    | 02     | 750gms  | 670 gms       | 80gms         | 89.3%     |
|    | 03     | 750gms  | 590 gms       | 160gms        | 78.6%     |
|    | 04     | 750gms  | 510 gms       | 240gms        | 68%       |
|    | 05     | 750gms  | 425 gms       | 325gms        | 56.6%     |
|    | 06     | 750gms  | 398 gms       | 352gms        | 53%       |
|    | 07     | 750gms  | 360 gms       | 390gms        | 48%       |
|    | 08     | 750gms  | 310 gms       | 440gms        | 41.33%    |
|    | 09     | 310gms  | 270gms        | 40gms         | 87%       |
|    | 10     | 270gms  | 250gms        | 20gms         | 92.5%     |
|    | 11     | 250gms  | 210gms        | 40gms         | 84%       |

Result: Quantity of Shodhita Pittala taken 250gms

Quantity of Pittala bhasma obtained: 210gms

#### Yield-84%

| Method         | 1(HHPB)         | Method 2       | 2(GMPB)         |
|----------------|-----------------|----------------|-----------------|
| Varna          | Kapota varna    | Varna          | Krishna varna   |
| Sparsha        | Smooth to touch | Sparsha        | Smooth to touch |
| Gandha         | odourless       | Gandha         | odourless       |
| Varitaratva    | Positive        | Varitaratva    | Positive        |
| Rekhapoornatva | Positive        | Rekhapoornatva | Positive        |
| Unnama         | Positive        | Unnama         | Positive        |

Table no. 41: Showing Classical parameters of Method 1 and Method 2

#### 2. Analytical Results

# **Physical tests**

Organoleptic characters:

Color, odour, taste of the given sample was tested using sensory organs, and the same were noted.

#### Table no. 07: Showing Organoleptic Characters of HHPB and GMPB

| <b>Physical test</b> | HHPB           | GMPB           |
|----------------------|----------------|----------------|
| Colour               | Snuff color    | Grey black     |
| Odor                 | Characteristic | Characteristic |
| Taste                | Tasteless      | Tasteless      |
| Texture              | Fine powder    | Fine powder    |

# Showing results of Apunarbhava and Niruttha Pareeksha

| Fine powder and noFine powder and noNo weight gain in2gm weight g | Apunarbhava (HHPB)Apunarbhava (GMPB)Niruttha (HHPB)Niruttha (GMPB) |                 |  |  |   |  |
|---|--|-----------------|--|--|---|--|
|   |  |                 |  |  |   |  |
|   |  | the silver coin |  |  | 1 |  |
| Showing results of NPST <sup>9</sup>                              |  |                 |  |  |   |  |

| Sample | I phase(0-5min)  | II Phase(5-20min)   | III Phase( 20 min-1hrs)   |
|--------|--|---|---|
| ННРВ   | Dark green centred grey spot with yellowish<br>brown periphery. Central spot disappeared<br>within few seconds forming an inner dark<br>black ring followed by outer light brown<br>ring with spreading yellow periphery | Light pink central<br>area, centre spot<br>started fading<br>towards light grey<br>colour | Light grey coloured<br>central spot surrounding a<br>thin line encircling the<br>spot with yellowish<br>periphery |
| GMPB   | There was no inner dark black ring.  | Light bluish central area.  | There was no thin line<br>encircling the spot with<br>yellowish periphery   |

# PHYSICO-CHEMICAL PARAMETERS

# Table no. 08: Showing Results of Standardization parameters HHPB and GMPB

| Parameters                  | HHPB      | GMPB      |
|-----------------------------|-----------|-----------|
| Loss on Drying at 105°C     | 0.13      | 0.06      |
| Total ash                   | 46.14     | 44.54     |
| Acid insoluble ash          | 29.06     | 28.35     |
| Water soluble ash           | 23.34     | 25.25     |
| Water soluble extractives   | 2.25      | 2.45      |
| Alcohol soluble extractives | 1.51      | 1.53      |
| Ph(5%aqueous solution)      | 5.35±0.10 | 5.31±0.10 |

### TOTAL MICROBIAL COUNT:

#### Table no.09: Showing Microbial contamination of HHPB and GMPB

|                     | HHPB | GMPB |
|---------------------|------|------|
| Total aerobic count | Nil  | Nil  |
| Total fungal count  | Nil  | Nil  |

| • • | Showing ARD report of fiffi b compared with standard i |             |           |                 |  |  |
|-----|--|-------------|-----------|-----------------|--|--|
|     | 2-Theta  | d           | Intensity | Height (Counts) |  |  |
|     | 28.4727(14)  | 3.13228(15) | 4.5043    | 13587(117)      |  |  |
|     | 47.4218(12)  | 1.91558(4)  | 5.556     | 7839(89)        |  |  |
|     | 32.127(7)  | 2.7838(6)   | 2.480     | 864(29)         |  |  |
|     | 46.098(6)  | 1.9674(2)   | 2.2889    | 2220(47)        |  |  |

# Table no. 10: Showing XRD report of HHPB compared with standard Pittala bhasma

#### Table no. 11: Showing XRD report of GMPB compared with standard Pittala bhasma

| 2-Theta   | d           | Intensity | Height (Counts) |
|-----------|-------------|-----------|-----------------|
| 28.517(2) | 3.1275(3)   | 14.325    | 4349(66)        |
| 47.465(3) | 1.91393(9)  | 15.888    | 2307(48)        |
| 31.369(4) | 2.8493(3)   | 12.8305   | 1436(38)        |
| 48.723(3) | 1.86740(11) | 21.7751   | 1210(35)        |

#### Table no.12: Showing results of FTIR Peaks of HHPB

| Sample peaks Cm <sup>-1</sup> | Bond  | Functional groups                       |  |
|-------------------------------|---|---|--|
| 3436.20                       | N-H(Streching)                                | Primary amine                           |  |
| 5450.20                       | O-H(strong) broad streching                   | Alcohol, intermolecular bonded          |  |
| 2922.03,2831.85               | O-H(weak), broad, streching                   | alcohol                                 |  |
| 1631.80                       | N-H(medium) Bending<br>C=C(medium), Streching | Amine, cyclic alkene, Conjugated alkene |  |
| 1407.98                       | C-H bending Scient                            | Alkene, methyl group                    |  |
| 1407.98                       | S=O(strong) stretching                        | Sulfate, sulfonyl chloride              |  |
|                               | Are   | Alkane methyl group                     |  |
| 1384.63                       | C-H bending(medium)                           | Aldehyde                                |  |
|                               |   | Alkane gem dimethyl                     |  |
| 1184.49                       | C-O(Streching)                                | Amine                                   |  |
| 1104.49                       | C-N(streching) Trend in Sci                   | ester                                   |  |
| 1087.19                       | C-O(strong), stretching                       | Secondary alcohol                       |  |
| 1007.19                       | C-O(strolig), stretchillig opme               | Aliphatic ether                         |  |
| 779.46                        | C=C, C-H(strong), bending                     | Alkene disubstituted                    |  |
| ///.40                        | C=C, C-II(strolig), bendling                  | 1,3 disubstituted                       |  |
| 611.37                        | C-I, C-Br(strong), streching                  | Halo compound                           |  |

#### Table no. 13: Showing results of FTIR Peaks of GMPB

| Sample peaks Cm <sup>-1</sup> | Bond   | Functional groups                       |
|-------------------------------|--|---|
| 3435.77                       | O-H(strong), broad, stretching                     | Alcohol, intermolecular bond            |
|                               | N-H(medium), streching                             | Primary amine.                          |
| 2921.55                       | O-H (strong, weak),<br>broad streching             | Carboxylic acid,alcohol,amine salt      |
|                               | O U(weak) broad stratabing                         | Alcohol                                 |
| 2851.51                       | O-H(weak), broad, stretching                       | Amine salt                              |
|                               | N-H(strong), broad, streching                      | alkane                                  |
| 1632.38                       | C=C(medium), stretching<br>N-H(medium)             | Conjugated alkene, cyclic alkene, amine |
|                               | C-H(medium), bending                               | Alkane, methyl group                    |
| 1413.91                       | O-H(medium), bending                               | Carboxylic acid                         |
|                               | S=O(strong), streching                             | sulfate                                 |
|                               | O-H(medium), bending                               | Phenol                                  |
| 1384.51                       | C-F(strong), stretching                            | Fluoro compound                         |
|                               | S=O(strong), stretching                            | Sulfonyl chloride                       |
|                               | S-O(strong) stratabing                             | Sulfone                                 |
| 1114.09                       | S=O(strong), stretching<br>C-O(strong), stretching | Amine                                   |
| 1114.09                       |  | Aliphatic ether                         |
|                               | C-N(medium), stretching                            | Secondary alcohol                       |

| 801.76 | C-Cl(strong), stretching<br>C=C(medium), bending<br>C-H(strong), bending | Halo compound<br>Alkene,trisubstituted<br>1,2,4trisubstituted<br>1,2,3,4tetra substituted |
|--------|--|---|
| 721.89 | C-H(strong), bending<br>C=C(strong), bending                             | 1,3 disubstituted<br>Alkene, disubstituted  |
| 638.47 | C-I(strong)stretching  | Halo compound   |
| 616.7  | C-Br(strong) stretching<br>C-I(strong) stretching                        | Halo compound   |

#### Table no. 14: Showing Particle Size of HHPB and GMPB

| Sample | Mean diameter(nm) |
|--------|-------------------|
| HHPB   | 723.9nm           |
| GMPB   | 601.4nm           |

#### Table no.15: Showing SEM EDS result of HHPB

| Sl no | Element | Weight % | Atomic % |
|-------|---------|----------|----------|
| 1     | S K     | 21.39    | 35.29    |
| 2     | Cu K    | 66.55    | 55.40    |
| 3     | Zn K    | 7.77     | 6.28     |
| 4     | AsL     | 4.29     | 3.03     |

#### Table no. 16: Showing SEM EDS result of GMPB

| Sl no | Element | Weight %      | Atomic % |
|-------|---------|---------------|----------|
| 1     | S K     | 38.07         | 57.42    |
| 2     | Cu K    | 14.46         | 11.00    |
| 3     | Zn K    | 9.79          | 7.24     |
| 4     | As L    | 35.70         | 24.33    |
|       | offrer  | ia în Scienți |          |

#### DISCUSSION

purification and potentization of the drug. And also it > Hingula shodhana: Bhayana with nimbulor may be helpful in reducing the hardness of the drug as swarasa Mechanical trituration along with acidic heat is given continuously through boiling liquids. media convert Hingula in to finer particles

➢ Haratala shodhana: Swedana in Choornodaka: Choornodaka is chemically "Calcium hydroxide when reacts with "Arsenic trisulphide' may form an intermediate product; known as arsene and further it may become Calcium arsenate. This compound may be as a safe and useful form of arsenic.

In this process the drug is boiled in the liquids, which are Ksharas, Amlas or both, and medicinal juices, with the help of Dolayantra. Fluxation process would have occurred in this kind of Shodhana.

# According to Fick's law of diffusion:

Ds/dt-DA (dc/dx).

Where ds/dt - The rate of moment of solutes.

D-Diffusion constant. A- The area of planes, dc/dx-The concentration gradient .i.e. Difference between the Concentration between X and Y.

This law may holds good with swedana process. Here the impurities may move from the drug to the shodhana liquids and some organic qualities of liquids move from the liquids to the drug resulting in

#### Pittala Samanya shodhana

Different Medias like Taila, Takra, Gomootra, Aaranala and Kulattha Kwatha are used as media for Samanya shodhana. Each Drava has vishesha guna in exerting a new guna to the dhatu and also helps to remove visha guna. It prepares the metal to be brittle so that process of particle size reduction is assisted.

#### Samanya shodhana in Taila:

Tila taila is considered as best among all tailas in classics For Samanya shodhana of all dhatus experts of Rasashastra have indicated Tila taila because of its sookshma and ashukari property, the veerya of sneha may enter into the interstitial areas of the hot metal and help in alleviating the rooksha guna vata dosha present in the metal (unwanted gaseous impurities).

#### Samanya shodhana in Takra:

It is having teekshna, sanghata bhedana and shithileekarana properties. By these properties it may cause softening and breaking of the material.

> Samanya shodhana in Gomootra: Gomootra is having properties like teekshna, ushna, kshareeyata, dahana, pachana etc it may perform

ksharana of unwanted impurities and may help in smoothening the metal causing loosening of the bonds.

- > Samanya shodhana in Aaranala: It is also having same properties like Takra and it may cause softening and breaking of the material.
- Samanya shodhana in Kulattha Kwatha: It has Ashmari bhedana property. By this property it may cause breaking of the material.
- > Pittala Vishesha shodhana: In classics different procedures are explained for Pittala vishesha shodhana.

Heating and dipping in nirgundi swarasa mixed with Haridra churna for 7 times. Externally this procedure appears very easy but the main practical difficulty is nishkasana of nirgundi swarasa so the dried yavakuta churna of nirgundi was soaked overnight with sufficient quantity of water next day the swarasa was filtered and used.

Nirgundi according to acharya charaka considered it under vishagna gana (antipoisonous group of herbs) and krimigna.it is vishapaha anti toxic and antipoisonous

Whereas haridra has detox action, krimiharaon ANALYTICAL DISCUSSIONS vishagna, Krimighna indicates it has all the property to detox and deworming so considering this it is used for vishesha shodhana of Pittala to remove the excess toxic or impurities if present.

- Gandhaka Shodhana: Since raw milk is the  $\geq$ commonly recommended antidote for poisoning, it might help in neutralizing the sulfur poisoning. The organic sulfur present in the protein of milk might have a role in increasing bioavailability of inorganic sulfur.
- Manashila shodhana: Churnodaka is chemically 'calcium hydroxide' when reacts with 'arsenic trisulphide' may form an intermediate product know as arsenate and further it may become calcium arsenate. This compound will be safe and useful form of arsenic. Calcium is natural antagonistic of arsenic. This might be helpful in reducing toxic effects of Manashila

#### Method 1:Maarana with hingula and Haratala:

Acharyas were having strong reason for including Hingula as maaraka dravya. If Parada bhasma or Parada yukta dravya is used for Marana the bhasma will be considered as best. Because of its qualities like shadrasa, yogavahi and achintya veerya it may prove wonder effects in complete conversion of the basic material into bhasma acting like Agni in the concept of Pitara paka. As kumari swarasa is taken as bhavana media for this method, the extra electrons

present in the Kumari swarasa media may be donated to the Marana dravya facilitating easy conversion. As it contains many inorganic trace elements, they are also added during trituration. Formation of slip can be suspected during mardana process as per metallurgy. Slip is the permanent or irreversible change in the shape of a body with the application of the load and the changed shape remains even after the removal of load. It is associated with permanent atomic displacement

#### Method 2: maarana with Gandhaka and Manashila

Gandhaka is the Ari loha for Tamra. As Tamra is the major constituent in brass in 2 ratios, Gandhaka helps in easy Marana of the drug as it has property to reduce the particle size, more the particle size reduction more the bioavailability. Gandhaka acts as reducing agent and facilitates the formation of bhasma easily. As per rasarnava dhatu bhasma can easily be prepared by the use of Gandhaka and Manashila as it will attain rasayana property and will be able to cure all diseases. As nimbu swarasa is taken as bhavana media for this method, acidic constituents of nimbu are helpful in disintegration of atoms of dhatu and formation of newer compounds.

The pH value of HHPB and GMPB were rch ar5.35±0.10, 5.31±0.10 respectively. Which implies that drugs are better absorbed from stomach. In acidic medium acidic drug is present in unionized form, which increases its absorption.

- In the present study HHPB and GMPB are having 0.13 and 0.06 respectively loss on drying at 105 <sup>0</sup>C. Hence it can be stated that all have very less amount of moisture content and very rare chance of bacterial and fungal growth.
- Acid insoluble ash of the HHPB and GMPB were 29.06% and 28.35% respectively. It signifies that lesser amount of silica material, dirt or sand in the sample.
- Mean particle size of HHPB is-723.9nm Mean Particle size of GMPB is-601.4nm The particle size has significant influence on dissolution rate. Smaller the drug particle size larger the surface area, leads to faster dissolution. Particle size reduction will result in precise drug delivery and thereby increasing the bio availability of the drug.
- $\geq$ The obtained peaks of the Pittala was compared with the standard peaks. It showed the presence of different functional groups like Alcohol, Amine salts, Alkanes, Alkenes, Bromide, Iodide, Chloride, Ethers, Carboxylic acids, Esters, Amines, Fluro, Halo compounds, Sulfone,

Primary and secondary amines and amides. This shows the presence of organic compounds in the drug.

Elements found in HHPB is S, Cu, Zn and As in percentage of 21.39,66.55,7.77,4.29. the respectively, and in GMPB is also S,Cu,Zn,and As in the percentage of 38.07,14.46,9.79,35.70 respectively This shows that Copper zinc and sulphur are in great proportion and the elements may be in the form of sulphides and oxides. Variation in the percentage of the element might have also occurred due to heterogeneous mixing of the sample.

# **CONCLUSION:**

- > Pittala has been in use since Charaka's period. (2BC)
- ➤ Acharya Somadeva could be considered as the pioneer of introduction of Pittala into the field of Pharmaco-therapeutics.
- > Shodhana has a definite role in changing the Structure, Mechanical properties, Chemical composition and Lattice points of Brass Crystal through the process of Quenching and Diffusion.
- Among different processes of Pittala Vishesha Shodhana, Nirvapa in Nirgundi swarasa mixed with haridra churna can be considered as in appropriate one.
- Among different Maarana procedures of Pittala, lopm Hingula Haratala Maarita Pittala Bhasma and Gandhaka Manashila maarita Pittala bhasma were taken to know the rationality behind the procedures.
- For Pittala Marana first 3 putas for both methods Gajaputa and then for remaining putas 3/4th Gajaputa were found beneficial, and practical difficulty was experienced in Method 2 compared to method 1.
- Apunarbhava pareeksha of both the methods was almost similar and no regain of metallic property

where as in Niruttha pareeksha weight of silver coin remained same as before in method 1 and increase of 2 gm. observed in method 2. This indicates proper formation of bhasma in method 1 when compared to method 2.

- Pittala Bhasma obtained of both the methods were analyzed by XRD studies. As per the report both the methods are having almost same findings.
- > Quantitative estimation of Pittala Bhasma envisages Cu, Zn, S, As. Where it was found that arsenic % is slightly high in method 2 which may not be safe when compared to Method 1.
- ➤ As per the particle size analysis method 2 has got more reduction in the particle size compared to method 1.
- > By considering Puta Sankhya Method 1 was properly prepared by giving 5 gajaputas whereas Method 2 was prepared by 11 gajaputas. Niruttha pareeksha suggests no changes in method 1 whereas in method 2 we see increase in weight of silver coin by 2gms. This suggests that Pittala bhasma prepared from method 1 is Best when compared to method 2.

As per XRD data the Pittala Bhasma is in the form of Arsenic copper mercuric Sulphide and Zinc Sulphide. In this Arsenic copper mercuric Sulphide is in Rhombohedral structure and Zinc Sulphide in Hexagonal structure.

- NPST for Pittala Bhasma is not established. The Colour changes observed after 5min-Dark green centered grey spot, after 20min -light pink central area, after 24hrs -Light green coloured central spot with yellowish brown periphery was not indicative of either Cu or Zn. This signifies a new compound.
- $\triangleright$ By Considering the overall analysis of Both the methods, Method 1(HHPB) found to be the more accurate and appropriate when Compared to Method 2(GMPB).

#### **FIGURES:**



swarasa



shodhana in choornodaka dola yantra



Fig no 3: Gandhaka shodhana



Fig no 4: Manashila sthapana in churnodaka



Fig no 7: Red hot heating of Pittala pathra



Fig no 5: Pittala patras



Fig no 8: Pittala nirvapa in Takra

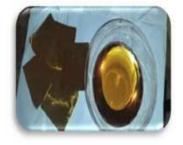


Fig no 6: Pittala nirvapa in Tila taila



Fig no 9: Pittala nirvapa in Gomutra



Fig no 10: Showing Bluish green flames



Fig no 13: Hingula haratala lepita pittala patras



Fig no 11:Pittala nirvapa in Kanji



Fig no 14: Hingula Haratala lepita patras after 1 st puta



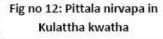
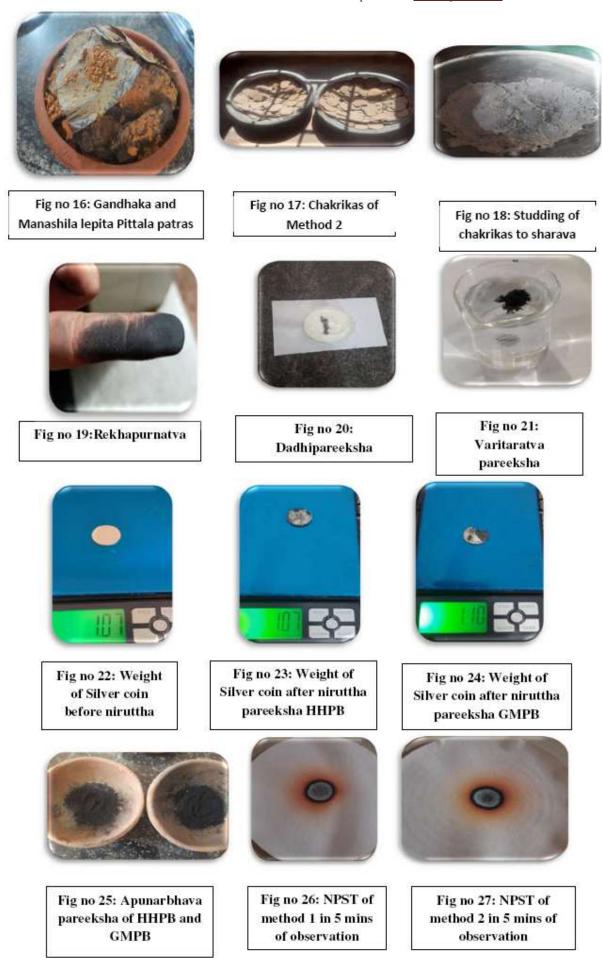




Fig no 15: Showing Chakrikas of method 1



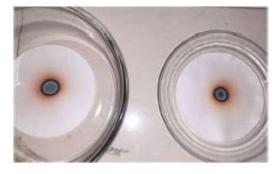
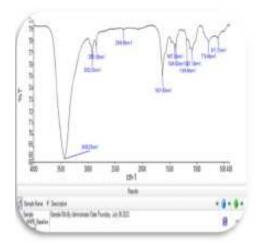
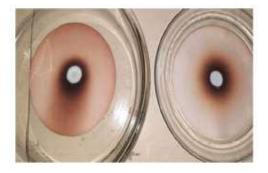
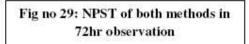
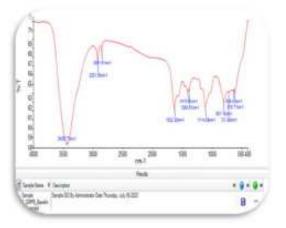


Fig no 28: NPST of both methods in 24 min observation









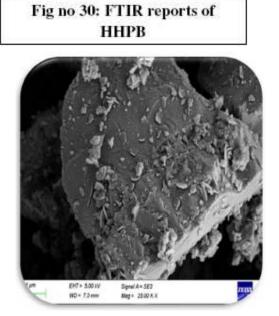
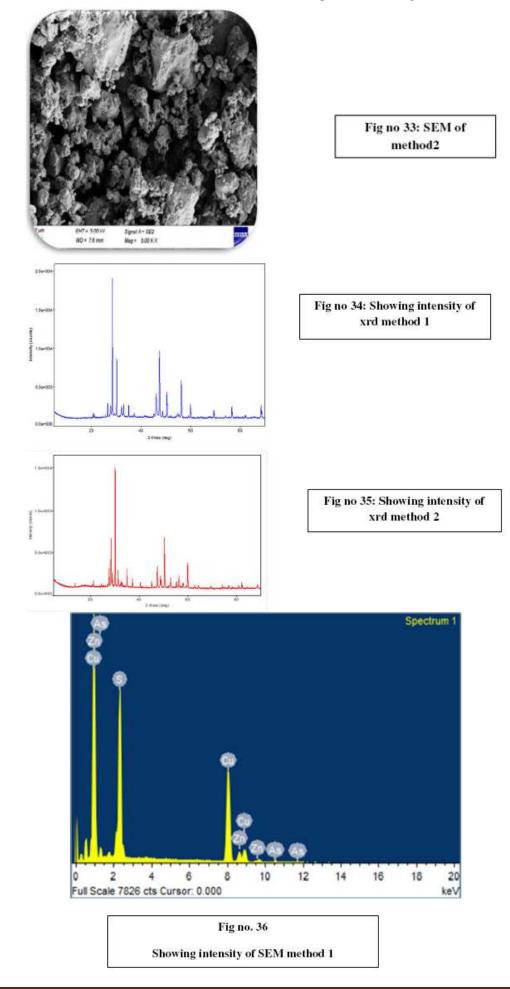


Fig no 31: FTIR reports of GMPB

Fig no 32: SEM of method 1



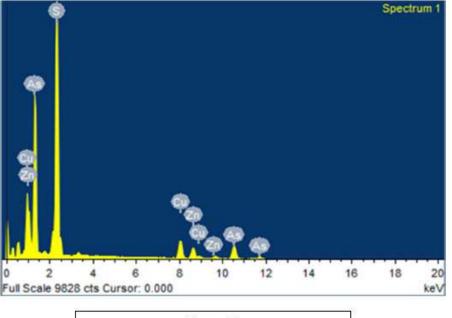


Fig no. 37 Showing intensity of SEM method2



#### QUALITY CONTROL LABORATORIES ALN RAO MEMORIAL AYURVEDIC MEDICAL COLLEGE AND PG CENTRE KOPPA, DISTRICT: CHIKMAGALUR, KARNATAKA, 577126

Reference Number: QC/ST/26/2023

Date: 10th August 2023

Purpose: Analysis for HHPB and GMPB .....

#### **Result:**

#### A. Organoleptic Characters

| Snuff color     | Grey-black   |
|-----------------|--|
| Characteristic  |  |
| Characteristic  | Characteristic   |
| Tasteless       | Tasteless  |
| Fine powder     | Fine powder  |
| rameters        |  |
| ннрв            | GMPB   |
| 0.13%           | 0.06%  |
| 46.14 %         | 44.545%  |
| 29.06%          | 28.35%   |
| 23.34%          | 25.25%   |
| 2.25%           | 2.45%  |
| 1.51%           | 1.53%  |
| $5.35 \pm 0.10$ | $5.31 \pm 0.10$  |
|                 | Fine powder<br><b>HHPB</b><br>0.13%<br>46.14 %<br>29.06%<br>23.34%<br>2.25%<br>1.51% |

#### Patron: Honourable Shri Aroor Ramesh Rao

Laboratory is not liable to bear any legal action or dispute based on this report



#### QUALITY CONTROL LABORATORIES ALN RAO MEMORIAL AYURVEDIC MEDICAL COLLEGE AND PG CENTRE KOPPA, DISTRICT: CHIKMAGALUR, KARNATAKA, 577126

#### C. Microbial contamination

|                     | ннрв | GMPB |
|---------------------|------|------|
| Total aerobic count | Nil  | Nil  |
| Total fungal count  | Nil  | Nil  |

Proshawa to That

HEAD Quality Control Laboratories ALN Rao Memorial Ayurvedic Medical College NOPPA-577126

#### **References:**

- [1] Sadananda Sharma, Rasa tarangini, Kashinanth shastry ed, New Delhi, Motilal banarasidas publication, 11<sup>nth</sup> edition- 1979, 22<sup>nd</sup> chapter, 12-14 shloka, 569-573pp
- Shree Vagbhatacharya, Rasa ratna Samucchaya edited by Kaviraj shree ambikadatta shastry, 9<sup>th</sup> ed, Varanasi, Chaukambha Amara bharati publication, 1995, Chapter 5, 197 shloka [7] 127pp.
- [3] Acharya shree vaghbhata, Rasa ratna Samucchaya with siddiprada hindi commentary by Prof. Siddinandan Mishra, Varansi: Chaukambha Orientalia; 2019, 5<sup>th</sup> Chapter Loha varga 11 shloka, 143pp
- [4] Sadananda Sharma, Rasa tarangini, Kashinanth shastry ed, New Delhi, Motilal banarasidas publication, 11<sup>nth</sup> edition- 1979, 22<sup>nd</sup> chapter, 9<sup>th</sup> shloka, 569-573pp
- [5] Sadananda Sharma, Rasa tarangini, Kashinanth shastry ed, New Delhi, Motilal banarasidas

publication, 11<sup>nth</sup> edition- 1979, 9<sup>th</sup> chapter, 16-17 shloka, 202pp

- Acharya shree vaghbhata, Rasa ratna Samucchaya with siddiprada hindi commentary by Prof. Siddinandan Mishra, Varansi: Chaukambha Orientalia; 2019, 3<sup>rd</sup> Chapter Uparasa varga 64 shloka, 65pp
- Shri Madhava Upadhyaya, Ayurveda Prakash with Arthavidyotini and Arthaprakashini Sanskrit and Hindi Commentary by Shri gulraj Sharma Mishra, Varanasi: Chaukambha Bharati Academy; 1999. 2<sup>nd</sup> Adhyaya, Gandhakadi uparasayanam Adhyaya verse 19, 260pp
- [8] Sadananda Sharma, Rasa tarangini, Kashinanth shastry ed, New Delhi, Motilal banarasidas publication, 11<sup>nth</sup> edition- 1979, 11<sup>nth</sup> chapter, 109 shloka, 261pp
- [9] Dr. Numburi hanumantha rao, manual of Numburi phase spot test year may 1997.